

ACTIVITY PROGRAMME FOR S.C.Out.E.D. YOUTH EXCHANGE

Activity n°	2				
Participating organisations	Hosting & Coordinating Organisation : The Scout Association of Malta - 947556141				
	Sending Organisation: Scout Association of Macedonia - 947012844				
	Sending Organisation: Polish Scout Organisation - Chorągiew Łódzka - 936369325				
	Sending Organisation: Scout Organisation of Bulgaria - 947964608				
	Sending Organisation: Projektör Ideell Förening - 945947978				
Venue			Duration		
City	Country	Start date	End date	Activity duration (excluding travel days)	Travel days
Dwejra, Victoria	Gozo (Malta)	30-Jul-15	08-Aug-15	10 days	2 days
Activity Programme					
Timetable	Activities	Non-formal & Informal learning methods used			
DAY 1 - Thursday 30th July - Settling in and getting to know each other					
AM	Official Opening	Official opening will take place in Dwejra Campsite, in the presence of local authorities.			
	Registration/settling in	Foreign participants will arrive and register. They will have time to settle in before the activities start. Upon arrival they will be presented with a detailed activity programme.			
	Lunch				
	Orientation/ice-breaking games	Several activities will be organised so that all participants can get to know each other in an informal setting. It is in the interest of the project that the participants feel as comfortable and get to know each other as much as possible. This will make working together easier and more enjoyable for all involved, and ultimately increase the productivity potential for the project.			

PM	Debriefing and teamwork discussion	A discussion will be held. The itinerary for the project and the aims and expected outcomes - which have been discussed and agreed upon with the participants prior to the groups' arrival - will be explained and all participants are invited to give their input. What are their expectations for the project? What results do they want to achieve? To conclude the discussion, the group will agree on the main priorities for the coming days and will undertake a commitment to work together as a team to achieve the goals which are agreed upon. The participants will also be asked to make a personal list of goals for the coming days. Each participant will be in charge of achieving their personal goals during the course of the project. The broad aims of the project are intercultural dialogue, cultural exchange, acquiring skills through informal education methods, environmental awareness, environmental responsibility, teamwork, personal growth, exchange of ideas and learning from the other participants, social awareness and social inclusion. Teamwork is an essential part of this project without which the project would be unsuccessful. A short session will be held on teamwork where it will be discussed in an interactive session. The session will be taken care of by a member of the the Programme and Training Department of the Scout Association of Malta
	Cultural tour	Dwejra is one of the most beautiful places in Gozo. The Maltese participants will show the foreign participants around the area. The aims are: to get the participants further acquainted, promote communication, assertiveness and ownership of the project, boost participation, cultural exchange and cultural appreciation.
	Dinner and evaluation session	
DAY 2 - Friday 31st July - Camp activities		
	Breakfast	

AM	Camp Activities: archery, abseiling, cooking	These camp activities will be held on campsite or else at walking distance from the campsite. The group will be divided into 4 patrols (ensuring gender balance and a mix of nationalities), dividing the group for these small activities will facilitate individual attention and better cooperation during the activities. Each activity has its own set of aims. Archery: The aims of this activity are teamwork, decision making & improving aiming and archery skills. Time on this activity will be divided as follows: 10 minute session on safety, 40 minutes practice. Then the challenge will take place. Tokens will be given to the participants, tokens for , "Dexterity", "Accuracy", "Second Chance"; these tokens will enable a small number of the patrol to have significant advantages such as shooting from a closer distance or else having a second chance at one of the shots. This will automatically include a decision making element to the activity and team work will be needed to achieve high points. The aim is to include democratic decision-making in the activity. Abseiling: The aim of this challenge is to foster trust between participants and to teach them how to overcome fears while also setting and achieving goals for themselves. Cooking from Scratch: This will give an opportunity to the participants to become more aware of proper nutrition. It will also help to develop food preparation and cooking skills.. Note: During this session the patrols will manage to do only one activity from the above
	Lunch	
PM	Camp activities: archery, abseiling, cooking	Continuation of the morning's activities. Aims: acquiring skills through informal learning, improving teamwork. Note: During this session the patrols will manage to do two activities from the ones mentioned above
	Dinner and Campfire with disabled persons	A Campfire will be held with invited special needs persons from Arka Respite Centre promoting social inclusion. Together the participants and the invited persons shall dine together and also participate in a campfire which would help integrate the special needs persons with the participants by means of action songs and small games.
	Evaluation session	
DAY 3 - Saturday 1st August - World Scout Environment Programme		
	Breakfast	

AM	Brainstorming : Environment and development	The World Scout Environment Programme (WSEP) is a collection of tools, resources and initiatives to support the development of environment education in Scouting around the world. Since it has a transnational dimension and it involves hands-on experiences, today's activities will focus on the WSEP and linking it with the theme of development. The WSEP is based on outdoor activities to teach important principles regarding the environment, so this template will be used while incorporating awareness about development issues. The WSEP also involves Scouts taking steps towards ensuring the promotion of environmental responsibility and awareness. Participants will start the day with a brainstorming session on the link between the environment and development. Aims: making your voice heard, learning, promoting environmental awareness, environmental responsibility and the issue of development.
	Activity: World Scout Environment Programme and sustainable development	After the brainstorming session, the group will go outdoors to carry out several activities. The participants will split into smaller groups (ensuring gender balance and a mix of nationalities) and each carry out different activities. The groups will work on themes addressed in the WSEP. Development depends to a certain degree on the natural environment, and the environment is impacted by development. One of the groups will be tasked with working specifically on the issue of sustainable development, drawing up a report on best practices. Aims: showing initiative, fostering environmental awareness, observing and interacting with nature.
	Lunch	
PM	Discussion: World Scout Environment Programme	After the morning's activities the group will come together for a collective discussion. Each group will present what they have done and what they have learned. Each group will also share with the rest of the participants their conclusions on several issues tackled throughout the day. Examples of issues that can be discussed are: what can be done to improve water quality on a local and global level? How can each of us do their bit to respect the environment?
	Preparation and teamwork	Preparation for Maltese Night, the first of the 4 cuisine nights of the project. The Maltese participants will be in charge of buying the groceries necessary to prepare the meals for Maltese Night. Once the groceries have been bought the group will split into teams (ensuring a mix of nationalities and gender balance) which will each be in charge of cooking specific dishes. Each team will delegate tasks to each member: who will do what (chopping ingredients, cooking pasta, etc...). Maltese participants will teach the other participants how to cook the food and give general information about Maltese cuisine. The aim of each cuisine night is to allow each participant over the course of the project to be in charge of teaching others and at other times to work in a team and carry out assigned tasks. Cultural exchange is used as an opportunity to teach valuable skills in an enjoyable way.
	Dinner - Maltese Night	The participants will have the opportunity to sample the traditional local food they have prepared together. Before Dinner a presentation will be given by the Maltese participants about their own country's culture and history. This activity should further enforce cultural appreciation between the participants.

	Evaluation session	
DAY 4 - Sunday 2nd August - Cultural Orienteering Hike		
AM	Breakfast	
	Cultural Orienteering Hike Briefing	Explanation of the morning activity (cultural orienteering) and splitting into groups, ensuring that in each group there is a mix of nationalities and gender balance.
	Cultural Orienteering Hike	A set of checkpoints will be given, using orienteering skills each group will find and go to the different checkpoints in Dwejra: Checkpoints being the Fungus Rock, the chapel, inland sea, Azure Window, Cart Ruts, tower. In each checkpoint, information will be given on each place and also different tasks are set upon the participants in order to improve teamwork, observation, communication and idea development skills. This activity is also intended to foster a sense of cultural appreciation.
	Lunch	
PM	Presentation - Poverty	2015 is the European Year for Development. To this end, this activity seeks to highlight the problems faced by disadvantaged areas both in Europe and overseas. The participants will also learn about Europe's external aid programme and how it contributes to boosting development around the world. The aim is to foster social awareness among the participants, increase their awareness of EU foreign policy and to emphasise the importance and value of social inclusion.
	Dinner - Bulgarian Night	The Bulgarian participants will be in charge of buying groceries and teaching the other participants how to cook food from Poland as well as giving information to the other participants about Bulgarian cuisine. Participants will split into groups, ensuring a mix of nationalities and gender balance, and cook different dishes. As in the Maltese Night, the teams will delegate tasks to their members. The participants will enjoy the food they prepared together. Before dinner a presentation will be given by the Bulgarian participants about their own country's culture and history. This activity should further enforce cultural appreciation between the participants.
Evaluation session		
DAY 5 - Monday 3rd August - Maltese Night		
	Breakfast	

AM	Water Sports	For the water sport activities the participants will be divided in their patrols (ensuring a mix of nationalities and gender balance). A variety of water games will be set up, where the participants will take part in the sports. The sports will include the following activities: Kayaking: Kayaking will offer Coast exploration and noting differences between rock stratae as well as erosion patterns on the Tieqa; the natural rock structure that Dwejra is famous for. Participants will learn about Maltese geography through an outdoor activity while enjoying the beauty of the Dwejra coastline. This activity will be a new experience for the majority of the participants and it is a chance for participants to pick up a new sport Snorkelling: Dwejra is renowned as one of the best diving destinations in the world. Snorkelling will give a taste of what the underwater world of Dwejra offers. Waterpolo: This sport is one of the most popular summer sports in Malta. The participants will be instructed on how the sport is played and then a mini tournament will be organised It is hoped that these activities will encourage the participants to enjoy sports as a healthy and enjoyable outdoor activity, and to maintain it as a habit even after the project has ended.
	Discussion and evaluation	At this stage in the project the participants will be encouraged to express their opinions and give feedback on the progress of the project so far.
	Lunch	
PM	Dismantling of camp	After lunch the camp will be dismantled so that the group can move to the headquarters in Victoria, where the next 5 days of the project will take place. During the dismantling every participant will need to give a helping hand in the dismantling. Everyone would need to collaborate together in order to manage to finish all the tasks, this will greatly improve teamwork and participation.
	Settling in	Prior to the preparations for Poland Night the participants will have a few minutes to settle in.
	Arrival at Scouts Headquarters	Arrival at the HQ and preparation for Poland Night. The Polish participants will be in charge of buying groceries and teaching the other participants how to cook Polish food as well as giving information to the other participants about Polish cuisine. Participants will split into groups, ensuring a mix of nationalities and gender balance, and cook different dishes. As in the Maltese Night and UK Night, the teams will delegate tasks to their members.
	Dinner - Poland Night	The participants will enjoy the food they prepared together. Before Dinner a presentation will be given by the Polish participants about their own country's culture and history. This activity should further enforce cultural appreciation between the participants.

Evaluation session

DAY 6 - Tuesday 4th August - Poverty

AM	Breakfast	
	Interactive Activity - The European Year Of Development	Organising a series of games concentrating on development. A Brainstorming activity will also be done, where participants will exchange ideas on what they can do to improve different levels of development on a European Level. After the event the ideas will be formally presented to Malta's Members of the European Parliament (MEPs). The Session will be directed by Lynn Marie Spiter from the Malta-EU Steering & Action Committee (MEUSAC).
	Workshop - Lunch on a budget	Following the presentation, the participants will split into groups. Each group will be given a low budget, on which the participants will need to buy enough groceries to prepare a three course meal. Participants will go outside the premises to the local shops to buy the groceries. This will give the participants an opportunity to experience the challenges that people facing poverty experience every day, this will also help them to strengthen their team work skills.
	Lunch	
PM	Workshop - Development	Some previous activities have highlighted the theme of development. This afternoon a more in-depth discussion of this issue will be addressed. Based on the information and knowledge gathered so far the participants will work together within groups (ensuring a mix of nationalities and gender balance) to identify what they feel the biggest obstacles to development are. Each group will then work on a strategy for boosting development, choosing whether to focus on a local, regional, EU or overseas level.
	Preparation and teamwork	Preparation for Macedonia Night. The Macedonian participants will be in charge of buying groceries and teaching the other participants how to cook Macedonian food as well as giving information to the other participants about Macedonian cuisine. Participants will split into groups, ensuring a mix of nationalities and gender balance, and cook different dishes. As in the Maltese Night and UK Night, the teams will delegate tasks to their members.
	Dinner - Macedonian Night	The participants will enjoy the food they prepared together. Before Dinner a presentation will be given by the Macedonian participants about their own country's culture and history. This activity should further enforce cultural appreciation between the participants.

Evaluation session

DAY 7 - Wednesday 5th August - Day in Malta (Ta' Qali)

	Breakfast
--	-----------

AM	Departure for and arrival in Ta' Qali	Malta is Gozo's larger sister island, and travelling to Malta will give the foreign participants a better understanding of the Maltese archipelago in general, as well as the subtle differences in environment and lifestyle between Malta and Gozo. The day will be mostly dedicated to cultural visits. A group of teenage refugees will be asked to join the participants in their tour of Ta' Qali and Mdina.
	Activities at Ta' Qali, together with a group of teenage Refugees	Several activities will take place in Ta Qali, together with the patrols as one team. These include Pottery, and Glass blowing. These activities will give them exposure to new skills and as a result these would empower them to become less afraid of trying a new skill/craft in the future. Moreover the participants will have more contact with the refugees while the refugees will feel more integrated in our society.
	Mdina	The participants will be taken to Mdina to have lunch and continue the cultural visit.
	Lunch	
PM	Mdina	The medieval city of Mdina offers sightseeing and beautiful views of vast areas of Malta. The participants will be given a tour and information about Mdina's historical past.
	Travelling and evaluation	Travelling will be organised back to Gozo, during the travelling a small evaluation of the day will be done
	Dinner	
	Activity: Breaking The Language Barrier	An interactive session will be held in order to develop better communication skills especially with those who have a different language. During the Camp there will be a total of 4 different languages and therefore it is important that the participants are given an opportunity to share the experiences that they had during the event related to language problems and how they dealt with it. A series of games will also be organised with the aim of improving communication

Evaluation session

Day 8 - Thursday 6th August - Scouts in my country		
	Breakfast	
AM	Xaghra Cultural Competition	Participants will split into 4 groups making sure to ensure gender balance and a mix of nationalities in each group. A competition will be held; using scouting skills participants will need to find checkpoints. This will improve familiarisation with the village. In Xaghra the participants will visit different places of interest such as the Ggantija temples - the oldest free-standing building in the world (listed as a UNESCO World Heritage Site), the Ta' Kola Windmill where the participants will have a short demonstration on how people in Gozo used to live almost a century ago, they will also learn how to make their own bread. Xerri's Grotto, Calypso Cave and finally Ramla Bay will also be visited.

	Lunch	
PM	Preparation for International Evening	Time will be allocated for Participants to buy all the necessary food needed for the International Night.
	Presentations - Scouts in my country	The aim of the presentations is to give examples of best practices, exchange ideas and learn from other Scouts organisations in other European countries.
	Work Shop	Participants will split into 4 groups according to their nationality. Each group will work on making a presentation explaining to the other participants what the Scouts do in their own country. Each presentation will include examples of past activities. Participants are encouraged to mention activities they have participated in or contributed to and to share their personal experiences.
	International Evening / Dinner	During the International Evening every country will have their own stand in order to give a presentation about their country, the culture, diversity and the traditions. It will also give an opportunity for the participants to improve their presentation skills. After each presentation the traditional food of that particular country will be served to all the participants.
	Evaluation session	
DAY 9 - Friday 7th August - European citizenship and identity		
	Breakfast	
AM	Workshop - European citizenship and identity	Throughout the past few days the participants will have gotten to know each other and sampled traditional dishes from the countries of the other participants. They will also have learned about activities organised by the Scout organisations in each participating country of the project. This workshop is intended to build on the friendships formed and the knowledge gained throughout the project to brainstorm on European citizenship and identity. Despite cultural nuances, what brings us together as European citizens? Participants will split into groups ensuring a mix of nationalities and gender balance to work together.
	Presentations - European citizenship and identity	Each group will give their presentation on the topic.
	Lunch	

PM	Tour of Cittadella and Mock trials	A visit to the beautiful fortified town of Cittadella and a tour of the law courts. At the law courts a mock trial will be set up. During this mock trial the participants will be presented with universally themed cases which will require serious discussion among the participants before they can reach a decision. Participants will be split in balanced groups (in terms of gender and nationality) which will take turns in discussing different aspects of the case. This activity will develop democratic values within the participants and engage the teams in a discussion on how a real life case would work. Participants will realise how small details can lead to greater discoveries and how sometimes the jury are misled by a good lawyer or a case is thrown out of court because of the wrong questions being asked. The teams will have the possibility to explore these themes in further detail. The Mayor of Victoria will be invited to attend these Mock Trials
	Dinner and evaluation - Rooftop BBQ at Scouts HQ	As our last dinner together we will organise a BBQ at the Scouts HQ. During the dinner we will also have an informal evaluation session together.
Day 10 - Saturday 8th August - Discussion and wrapping up		
	Breakfast	
AM & PM	Discussion and wrapping up	Review of project, and conclusions. Now that the project has come to an end have the objectives and aims drawn up by all the participants on Day 1 been achieved? Has each participant achieved the set of goals they outlined for themselves on Day 1 of the project?
	Activity: Our time together in Malta	Charts, markers and other supplies will be provided for the participants. While still outdoors all participants will split into groups and work together to create charts showing the activities done throughout the project, who the participants are and what the aims of the project were. Participants can also include the skills they have learned and what they feel the results of the project are. Each participating organisation will get to keep one of the charts as a memento of the project and to remember the successes of the project and the other participants.
	Departure	Departure of foreign participants.